



Cliddesden Primary School
Headteacher's Newsletter
Spring Term Issue 4
5 February 2021

Dear parents, carers and members of our school community

I hope you are all well and coping at home. The children I see on line at assemblies and storytime sessions all look happy so that is very reassuring to see. The children in school love having the extra space and attention but I am very much hoping we can have you all back on March 8th!

Please note that there will be no contact meetings with children next week. These will resume during the week beginning 22nd February and you will be able to book appointments from 4pm Sunday 14th February 2021.

I have just a couple of items to inform you of in this week's newsletter.

PE Survey

In 'normal' times we pride ourselves in being very proactive with physical education in school. We have a sports specialist who takes weekly PE lessons, the teachers are all competent in delivering lessons, we have a range of afterschool sports clubs throughout the year, we take part in several inter-school sports competitions, have half-termly intra-school competitions and promote physical wellbeing in many areas of the curriculum.

The current and previous lockdown and the 'new normal' last term have limited and even stopped a lot of the activities mentioned above. However, even whilst many of our children are working at home we still highly value the importance of physical exercise, wellbeing and education. Debs Costen has been producing daily workout sessions that are on Google Classroom (stream page) and I have been sending out School Games activities with weekly newsletters. We hope that your children have been able to workout remotely with Debs and have also tried out some of the School Games activities. Your children may well have been engaging in other fitness and wellbeing activities too, like a daily walk for instance.

We would like to find out whether your child has been able to engage in some form of physical exercise at home. We have sent out a survey on Google Classrooms which will appear at the top of each year group page. We ask that you get your children to complete and submit this by Wednesday 10th February. It is very straight forward and the older children will be able to complete it independently but the younger ones may need your help. It should only take a couple of minutes to complete.

Do not worry if your child hasn't been able to take part in very much physical exercise, please still complete the survey. Although the survey is not anonymous it will not be used to identify individuals but give a picture on how successful we have been at promoting PE at home. If your child hasn't yet taken part in a workout with Debs please encourage them to do so. There are now over twenty different sessions available to watch on Google Classroom. They are on the stream page, just scroll down to find them. Debs and Miss Haresign have put a lot of time and effort into making these. I have been doing my best to do a daily session. The joy is that if there is one particular workout you like, you can watch it and follow as many times as you wish.

Next week we would like all our children if possible to take part in a Skipping Challenge. The children at school will be doing this here. Details are below:



During Healthy Heart Month in February 2021, the Hampshire School Games Organisers are challenging you to see how many times you can jump over a rope:

- *KS1 - how many skips can you do in 30 seconds?*
- *KS2 - how many skips can you do in 60 seconds?*

The challenge can be completed during the week 8-12 February 2021. Why not have a go each day and try to beat your score!

If you don't have a skipping rope at home your child could still do the challenge doing star jumps or any of the exercises that they are used to doing with Debs. We ask that they record their challenge results and you send them by email to the school office. The school will send in the top 5 boys and 5 girls highest scores to be entered into the Hampshire Schools Skipping Challenge for a chance to be crowned County Champions!

Half Term Activity



During the half term holiday week, we will not be providing remote learning. We feel your children need a break from computers and screens and you need a break from home learning!

We would though, like your children to take part in The Cliddesden half-term Bake Off. I have attached the details with this newsletter so you can get prepared but please wait until the week beginning 15th February 2021 to do this activity!

Kenneth Davies
Headteacher