

## Cliddesden Primary School Headteacher's Newsletter Spring Term Issue 9 19 March 2021

## Help Us Support Debs and Get Fit for The Spring

As you are aware from the previous newsletter, our specialist sports teacher, Debs, has undertaken the challenge to run 860 miles, the equivalent of John O' Groats to Land's End in 17 days.

We will be supporting Debs by challenging the whole Cliddesden school community, children, staff and their families to match Debs' miles. You can run, walk, scoot, ride, skip anything that means you are moving and covering those miles!

In school we will be encouraging the children to use their break times actively and on March the 26th we will be holding an endurance running day.

To support us in this challenge we would like you to complete a daily update on the total number of miles covered by your family. You can find a form in your child's class stream on Google classroom. Each family can only submit once a day, so make sure you include all your children's miles and your own on the form.

Our school houses, Ellisfield, Farleigh, Winslade and Hackwood will all be competing, as will the staff to make this an intra-house event. We will also be trying to beat Hatch Warren Juniors to the 860 mile mark!

Next Friday, Meridian TV are visiting the school to report on this feature. We want as many children as possible to have started their challenge so we can tell the reporters how well they are doing. This is great publicity for Debs and the school. So, let's take this challenge on and get moving this Spring!

Please read Deb's Press Release

Local Women run 860 miles in 17 days for Naomi House & Jacksplace



Debbie Costen from Basingstoke, and Sarah Cotton from Hannington are running the distance from John O' Groats in Scotland to Land's End in Cornwall virtually in March, the equivalent of 2 marathons a day for 17 days straight for Naomi House & Jacksplace.

Their journey started a year ago, when the two friends decided to take on the truly ultimate challenge of running from John O'Groats to Land's End (JOGLE), an 860 mile route in only 17 days! Having done many events together in the past, they decided to step it up a notch and began training for their epic journey.

After training for nearly a year, their plans changed in January when we fell into another lockdown. When the physical event from John O' Groat's to Land's End was postponed, the ladies decided to go ahead with a virtual version in their local area instead. They will still be running 52 miles per day in 17 days, but now from Newbury to Wotton Rivers and back.

Sarah Cotton said: "We are 2 slightly mad ladies who like to run long distances. We've done a number of events together but nothing of this magnitude"

Lucy Gray, Regional Fundraiser at Naomi House & Jacksplace, said: "We are in absolute awe of Debbie and Sarah's efforts, we are so grateful that they have chosen to support Naomi House & Jacksplace with their epic challenge. A huge thank you to the ladies and to everyone who donates and helps them along the way!"

From Friday 19<sup>th</sup> March, they'll be setting off at 5am through Newbury, Kintbury, Hungerford, Bedwyn and Wootton Rivers until the reach their 26-mile half way point, where they'll turn around, run all the way back and do it all again the next day!

Debbie works in 2 local schools, Cliddesden Primary School and Hatch Warren Junior School, both in Basingstoke. Each class collectively are looking to see how long it takes them to achieve the 860 miles walking/running by doing the golden mile during school time and to record their walk/run/jog/cycle out of school with their families. The schools are going to link with Debbie and Sarah during their challenge so that the children can leave messages of support and encouragement for these two extraordinary women.

Come rain or shine, they'll be running to help raise vital funds for Naomi House & Jacksplace. If you see the 2 ladies in Naomi House & Jacksplace branding running in your local area please cheer them on, and if you would like to support them on their epic journey, please go to their Just Giving page and leave them a donation - <a href="https://www.justgiving.com/fundraising/cotton-costen-jogle">https://www.justgiving.com/fundraising/cotton-costen-jogle</a>

Naomi House & Jacksplace hospices provide respite, end of life care and bereavement support to children and young adults with life threatening and life limiting conditions from across the southern seven counties. The charity needs to raise £9.2 million annually to provide a complete service to support local life limited and life threatened children, young adults and their families on good days, difficult days and last days.

## Comic Relief Red Nose Day



Thank you for supporting Comic Relief today. The children all looked brilliant in their outfits, some dressed as superheroes and some wearing red. We managed to raise £170 (at the latest count) for good causes. Thank you to everyone; the jokes shared, bright costumes and hairstyles put a smile on all our faces.



## Lots of Socks

Every year we support World Down Syndrome Day at Cliddesden. This Monday, 22<sup>nd</sup> March we will be promoting awareness of Down Syndrome as part of our PSHE curriculum. We will be showing the children a short video from Stepping Stones. We ask that to support awareness of Down Syndrome, and to celebrate our differences, that the children wear odd socks on Monday, as this is the way the charity celebrates the day. This <u>is not</u> a fundraiser, just an awareness day, so no donations are needed. Thank you.

Thank you to everyone for your continued support in helping us settle the children back into school these past two weeks. There is a lovely atmosphere at school again and the children are all working well. Have a safe and happy weekend.

Kenneth Davies

Headteacher

To view class pages, find out about our curriculum, read all about our events in school, view your child's homework tasks, learn how to stay safe on the internet and much more please visit our school website <a href="https://www.cliddesden.hants.sch.uk">www.cliddesden.hants.sch.uk</a>

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